

Impact Letter Lebanon 2024

RIGHT TO PLAY

2024 has been an exceptional year on the children of Lebanon. The compounded crises—spanning overburdened public services, the refugee crisis, the economic downturn, and the recent war in Lebanon—have significantly affected children, adolescents, and young people. These challenges have compromised their protection and well-being, leading to alarming levels of psychological distress and severely limiting their access to basic necessities. Right to Play Lebanon's work in 2024 was to ensure that children still have dignity, rights and respect and most importantly happiness amongst all the challenges they are facing.

Our Reach

Program Reach

10,346
children, adolescents, and youth
directly participated in ongoing programs, benefiting from structured play-based learning, career development, and psychosocial support activities.

53% were females  **47%** were males 

49.4% Children (3-6 & 6-12):  **13.7%** Adolescents (12-18):  **36.9%** Youth (18-24): 

Psychosocial Support (PSS):
1,928 children and adolescents
participated in music and sports activities to support their psychosocial well-being and mental health.

1,480 of these participants
received support during the emergency response while in shelters.

Youth & Empowerment:
2,000 adolescents and youth

participated in career guidance, job readiness, and vocational training programs, with 18% involved in employability.

209 adolescents and youth

actively involved in community leadership and social stability initiatives.

Primary Education:
6,209 children

actively participated in play-based educational programs, with a focus on social and emotional skills.

Community Reach

2,726

Children and adolescents

were engaged through community events and the Tabshoura interactive educational platform, which offered an innovative approach to learning and development outside of formal programming.

Caregivers

Awareness and Sensitization:
317 caregivers

actively participated in sensitization and awareness sessions, gaining valuable insights into child development, caregiving skills, and mental health support.

Emergency Assistance:
5,667 internally displaced caregivers

received essential emergency items in response to the war, including hygiene products and winterization kits, to help support their families during the crisis.

Coaches, Teachers & Partner Staff

142

coaches, teachers, and partner staff

were trained on various training packages, to deliver educational, psychosocial support (PSS), and leadership sessions to children and adolescents.



Our Impact

Psychosocial Support

Impact of Music and Sports Activities on Children's Emotional Well-being:

- 1,193 children and adolescents participated in music and sports activities addressing their PSS and mental wellbeing
- Music and sports activities helped children better manage their emotions, such as controlling impulses, setting goals, and handling stress.

Music Interventions:

- Life Skills Development: Music interventions improved key life skills such as communication, self-expression, teamwork, leadership, and agency, with 89% of participants showing progress. Longer engagement led to greater improvements.
- Resilience and Mental Health: 70% of children showed increased resilience levels, and many experienced less stress and fewer emotional challenges.

Sports Interventions:

- Friendship Building: 88% of participants reported forming new friendships with peers from diverse backgrounds.
- Positive Coping Mechanisms: The use of positive coping strategies increased from 66% to 72%.
- Social Connections: Peer support levels rose from 66% to 74%, and empathy among participants improved significantly from 56% to 82%.

Youth Empowerment

Impact of Career Guidance and Vocational Skills Programs

- Reach and Participation: 2,000 adolescents and youth took part in our career guidance, job readiness, and vocational skills training programs.
- Improved Job-Readiness: Job readiness among participants improved by 13%, rising from 74% to 87%.
- Enhanced Professional Skills: Professional skills increased by 11%.
- Confidence: Confidence in finding suitable jobs grew from 51% to 60%.

Empowering Youth and Shaping Futures:

All our programs helped children become more optimistic, ambitious, and focused on their future goals. Several girls in our programs gained the strength to reject early marriages. At the same time, youth were encouraged to voice their opinions, advocate for their rights, and lead community-driven initiatives and events.

Primary Education

- Reach and Participation: Our primary education program reached 6,944 children in 2024, using the Project-Based Learning (PBL) approach both in educational centers and through digital platforms.
- Teacher and Parent Feedback: Through focus group discussions (FGDs), both teachers and parents shared that the PBL approach significantly improved teaching skills and boosted student engagement in classrooms.
- Improvement in Social-Emotional Skills: Children showed an average improvement of 18.42% in key social-emotional skills, including communication, stress management, collaboration, and conflict resolution.

Emergency Response

- Decreased Aggression and Improved Skills: Through ongoing PSS play-sessions during the war emergency response, coaches observed a reduction in aggression among displaced children. Communication skills, self-regulation, and conflict resolution also improved.
- Building Friendships and Managing Stress: Children overcame their hesitation, formed new friendships, and were able to use session activities outside of the program to manage stress more effectively.
- Emotional Expression: 95% of coaches reported that children showed improved emotional expression during the PSS sessions.
- High Engagement: 70% of sessions saw high engagement, leading to stronger social connections and enhanced teamwork among children.

Our Partners



Norad



SFD sport for development

The LEGO Foundation

unicef for every child



OXFAM

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